

**April - 2017: Elementary School Lunch Menu Analysis**

|                    | Week 1                    | Week 2                    | Week 3                    | Week 4                    | Week 5                    |
|--------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Nutrients          | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) |
| Calories (kcal)    | -                         | 560                       | 613                       | 638                       | -                         |
| Sodium (mg)        | -                         | 951                       | 1077                      | 1041                      | -                         |
| Saturated Fat (gm) | -                         | 6                         | 6                         | 7                         | -                         |

**April - 2017: Middle School Lunch Menu Analysis**

|                    | <b>Week 1</b>                     | <b>Week 2</b>                     | <b>Week 3</b>                     | <b>Week 4</b>                     | <b>Week 5</b>                     |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| <b>Nutrients</b>   | <b>Menu Averages<br/>(Weekly)</b> | <b>Menu Averages<br/>(Weekly)</b> | <b>Menu Averages<br/>(Weekly)</b> | <b>Menu Averages<br/>(Weekly)</b> | <b>Menu Averages<br/>(Weekly)</b> |
| Calories (kcal)    | -                                 | 637                               | 675                               | 635                               | -                                 |
| Sodium (mg)        | -                                 | 1341                              | 1331                              | 1228                              | -                                 |
| Saturated Fat (gm) | -                                 | 7                                 | 7.5                               | 7                                 | -                                 |

### April - 2017: High School Lunch Menu Analysis

|                    | Week 1                    | Week 2                    | Week 3                    | Week 4                    | Week 5                    |
|--------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Nutrients          | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) | Menu Averages<br>(Weekly) |
| Calories (kcal)    | -                         | 756                       | 752                       | 756                       | -                         |
| Sodium (mg)        | -                         | 1339                      | 1416                      | 1398                      | -                         |
| Saturated Fat (gm) | -                         | 8                         | 7                         | 7.5                       | -                         |