

December - 2016: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	557	604	601	-	-
Sodium (mg)	863	1004	1058	-	-
Saturated Fat (gm)	6	5	6.5	-	-

December - 2016: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	601	640	615	-	-
Sodium (mg)	1355	1312	1302	-	-
Saturated Fat (gm)	7.5	6	6.4	-	-

December - 2016: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	782	751	767	-	-
Sodium (mg)	1386	1426	1398	-	-
Saturated Fat (gm)	7	7	7	-	-