

February - 2017: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	574	561	628	562	-
Sodium (mg)	1171	1003	978	999	-
Saturated Fat (gm)	6	6	5	6	-

February - 2017: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	624	636	696	671	-
Sodium (mg)	1199	1342	1356	1214	-
Saturated Fat (gm)	6.5	7	7.5	6	-

February - 2017: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	750	764	753	758	-
Sodium (mg)	1419	1347	1418	1419	-
Saturated Fat (gm)	7.5	7.5	7	7	-