

January - 2017: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	556	554	602	647	-
Sodium (mg)	1059	963	1113	1126	-
Saturated Fat (gm)	5	6	5.5	6	-

January - 2017: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	665	632	661	652	-
Sodium (mg)	1191	1335	1338	1294	-
Saturated Fat (gm)	7	7	7	7	-

January - 2017: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	751	766	755	756	-
Sodium (mg)	1417	1333	1400	1408	-
Saturated Fat (gm)	7	7	7	7.8	-