

March - 2017: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	632	630	650	611	594
Sodium (mg)	1214	993	1093	1121	1227
Saturated Fat (gm)	6	7	5	7	5.5

March - 2017: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	632	672	695	664	660
Sodium (mg)	1204	1352	1324	1349	1145
Saturated Fat (gm)	7	7.5	7.5	7	6.5

March - 2017: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	751	760	752	751	753
Sodium (mg)	1402	1373	1420	1415	1357
Saturated Fat (gm)	8	7	7	8	8