

November - 2016: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	568	555	556	-	566
Sodium (mg)	994	1024	1220	-	961
Saturated Fat (gm)	5	6	5	-	5

November - 2016: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	617	686	650	-	695
Sodium (mg)	1322	1142	1201	-	1301
Saturated Fat (gm)	6	6	7	-	7

November - 2016: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	756	762	754	-	751
Sodium (mg)	1418	1416	1395	-	1347
Saturated Fat (gm)	7	6	7	-	7