

September- 2017: Elementary School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	557	605	589	582	554
Sodium (mg)	875	965	1107	1017	1010
Saturated Fat (gm)	6	5	6	6	6

September - 2017: Middle School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	667	613	624	656	652
Sodium (mg)	1235	1277	1159	1141	1278
Saturated Fat (gm)	7	7	7	7	7

September - 2017: High School Lunch Menu Analysis

	Week 1	Week 2	Week 3	Week 4	Week 5
Nutrients	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)	Menu Averages (Weekly)
Calories (kcal)	790	765	751	754	751
Sodium (mg)	1411	1413	1412	1416	1356
Saturated Fat (gm)	8.5	7.5	7	8	7.5